



BUGLAS ISLA

CAFE

Buglas Isla is a neighborhood cafe from Dumaguete City, Negros Oriental that proudly serves breakfast, brunch, and Negrense favorites. We use sustainable practices to the best of our abilities.

Welcome to Buglas Isla Cafe!

Buglas Isla Pasig

Unit A4, Ground Floor,
The View Deck Arcovia City,
Pasig City
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buglasarcovia@riesa.ph
Tel: (+63) 919 070 9900

Buglas Isla Dumaguete

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Buglas Isla Cala Laiya

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Buglas Isla Alabang

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BUGLAS ISLA

CAFE

ALL DAY BREAKFAST

| | |
|---|------------|
| UBE PANDESAL | 260 |
| Freshly Baked Ube Pandesal, Served with Maple Butter and Coco Jam | |
| BUDBUD KABOG | 200 |
| Visayan Millet Cake Roll (4 pcs), Butter, Brown Sugar, Coconut Flakes and Crumbled Queso De Bola | |
| TROPICAL SMOOTHIE BOWL | 350 |
| Mango, Pineapple, Papaya, Coconut Milk, Kiwi, Coconut, Flax Seeds and Goji Berries | |
| FLUFFY JAPANESE SOUFFLE PANCAKES | 390 |
| Maple Syrup, Powdered Sugar and Maple Butter | |
| BELGIAN WAFFLE | 370 |
| Maple Syrup, Whipped Cream, Powdered Sugar, Fresh Fruits and Maple Butter | |
| DUMAGUETE DANGGIT | 410 |
| Crispy Danggit, Garlic Rice, Fried Egg, Spring Onions, Special Atchara and Spiced Native Vinegar | |
| DAING NA BANGUS | 490 |
| Crispy Milkfish, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Native Vinegar | |
| ANGUS BEEF TAPA | 510 |
| House Marinated Angus Beef, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Native Vinegar | |
| FRIED CHICKEN TOCINO | 410 |
| Sweet Tocino Glaze, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Native Vinegar | |
| EGGS BENEDICT | 410 |
| English Muffin, Filipino Country Ham, Soft Poached Eggs, Hash Brown Potatoes and Classic Hollandaise Sauce | |
| CHICKEN & WAFFLE | 490 |
| Crispy Fried Chicken, Belgian Waffle, Fried Egg, Sriracha Honey Butter and Hash Brown Potatoes | |
| SIOMAI FRIED RICE | 410 |
| Yang Chow Fried Rice, Special Fried Pork Siomai and Homemade Chili Garlic Sauce | |
| ADOBO FRIED RICE | 390 |
| Chicken Adobo Leg, Shredded Adobo Flakes Fried Rice, Spring Onion and Fried Garlic Chips | |
| BURGER STEAK | 490 |
| US Angus Ground Beef Patty, Bistek – Mushroom Gravy, Fried Farm Egg and Steamed Rice | |
| ISLAND SMASHED BURGER | 590 |
| Angus Ground Beef Patty, Bacon, Caramelized Onion, Cheddar Cheese, Lettuce, Tomato, Special Sauce and Fries | |

STARTERS AND SOUPS

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| LUMPIANG SHANGHAI | 350 |
| Ground Pork, Green Onion, Carrots, Onion, Celery and Sweet Chili Sauce | |
| ADOBONG PUSIT | 440 |
| Baby Squid in Soy-Vinegar Sauce and Squid Ink | |
| LUMPIANG SARIWA | 340 |
| Carrots, Jicama, Green Beans, Bean Sprouts, Garbanzo, Moringa Crepe, Fresh Garlic, Sweet Soy Glaze and Toasted Peanut | |
| ENSALADANG FILIPINO | 440 |
| Salted Red Eggs, Green Mango, Tomatoes, Red Onions, Cucumber and Shrimp Paste | |
| CHICKEN BINAKOL | 490 |
| Green Papaya, Young Coconut, Chili Leaves, Ginger and Lemongrass Broth | |
| BEEF KANSI | 890 |
| Beef Shank, Young Jackfruit, Batwan Broth, Annatto, Ginger and Lemongrass | |

DUMAGUETE CHORIZO

ALL NATURAL INGREDIENTS. NO NITRATES. NO SUGAR

Your Choice of Chorizo, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Native Vinegar

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|--------------------------|------------|
| GROUND PORK | 420 |
| SISIG | 430 |
| BACON | 530 |
| CORNED BEEF | 530 |

TOCINO

In Dumaguete, we call our pork barbecue "Tocino."

All of our tocino items are marinated in house and slowly grilled over Binchotan charcoal-A Japanese oak charcoal that has been pressed over 2000 degrees of heat.

Binchotan charcoal is widely considered by chefs as the best charcoal in the world for being exceptionally long - burning, odorless and smokeless.

All served with hanging rice 'puso' and our secret sauces.

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|---------------------------|--------------------------|
| CHICKEN TAIL | PORK BELLY BBQ |
| CHICKEN LIVER | PORK MEAT BBQ |
| CHICKEN SKIN | PORK LONGANIZA |
| CHICKEN INTESTINES | LONGANIZA DE CEBU |

COMBOS

| | |
|---------------------------------------|------------|
| I CAN EAT (CHOOSE ANY 4) | 290 |
| HUNGRY (CHOOSE ANY 5) | 310 |
| STARVING (1 OF EACH) | 450 |
| HANGRY (2 OF EACH) | 720 |

The city of gentle people

#GetaTasteofDumaguete



BUGLAS ISLA

CAFE

FAVORITES

All served with steamed jasmine rice

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| LAING | 390 |
| Taro leaves, Coconut Milk, Chilis and Ginger | |
| PINAKBET | 410 |
| Crispy Pork, Squash, String Beans, Okra, Eggplant, Bittermelon and Shrimp Paste | |
| CHICKEN INASAL | 490 |
| Lemongrass and Annatto Marinated Chicken Leg, Special Atchara and Soy Sauce | |
| PANCIT CANTON | 490 |
| Shrimp, Lechon Kawali, Chicken, Organic Vegetables, Chicharon Bits and Pandesal | |
| BICOL EXPRESS | 510 |
| Crispy Pork Belly, Coconut Milk, Bagoong, String Beans and Chili Fingers | |
| BINAGOONGAN | 520 |
| Braised Pork, Shrimp Paste, Green Mango, Tomato, Eggplant and Crispy Pork Belly | |
| LECHON KAWALI | 540 |
| Crispy Pork Belly, Soy, Calamansi, Liver Sauce and Special Atchara | |
| PORK LIEMPO | 510 |
| House Marinated, Filipino Tomato Salsa and Spiced Native Vinegar | |
| HUMBA SA GABI | 540 |
| Braised Pork Belly, Taro Root, Black Beans, Banana Blossom, Fried Banana and Humba Sauce | |
| HALABOS NA PASAYAN | 620 |
| Garlic - Butter Shrimp (250g) and Fried Garlic | |
| KARE KARE | 730 |
| Beef Shank Braised in Peanut Sauce, Native Vegetables and Shrimp Paste | |
| CRISPY PATA | 990 |
| Twice Fried Crispy Trotter, Soy - Calamansi and Liver Sauce | |

BOARDS

Please allow 30 minutes notice. Good for 4

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| VISAYAN PAMAHAW | 2,100 |
| Dumaguete Chorizo, Longaniza De Cebu, Danggit, Eggplant Torta, Fried Egg, Garlic Rice, Blue Pea Rice, Fried Banana, Tomato - Cucumber Ensalada and Fresh Fruit Skewers | |
| FILIPINO FAVORITES | 2,100 |
| Beef Tapa, Daing na Bangus, Filipino Style Scrambled Egg, Macaroni Soup, Pancit Chopsuey, Pandesal, Garlic Rice, Tomato - Cucumber Ensalada and Fresh Fruit Skewers | |
| PRITCHON | 2,450 |
| Fried Lechon Belly Roll, Chicken Inasal, Longaniza de Cebu, Fried Danggit, Squid Inasal, Fish Tinola, Ensaladang Filipino, Annatto Fried Rice, Tomato, Salted Egg and Green Mango | |

SPECIALS

Please allow 30 minutes notice. Good for 2

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| CRISPY WHOLE FISH | 240 PER 100 GRAMS |
| Fried Catch of the Day, Carrots, Onion, Bell Pepper and Sweet Fire Sauce | |
| DUMAGUETE LECHON | 230 PER 100 GRAMS (MIN. OF 300 GRAMS) |
| Served with Puso Rice, Atchara, Red Eggs and Traditional Sauces | |
| STEAK FRITES | 1,900 |
| USDA Prime Black Angus Beef Tenderloin (300g), Crispy French Fries, Melted Onions, Bearnaise Sauce and Sea Salt | |
| RIB EYE BISTEK TAGALOG | 1,900 |
| USDA Prime Black Angus Rib Eye (400g), Steak Fried Rice, Lots of Onions and Soy Calamansi Infusion | |

PIZZA

All of our pizzas are hand stretched daily and served with our signature angry honey

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| MARGHERITA | 460 |
| Tomato, Cheese, Fresh Basil, Mozzarella and Parmesan | |
| PEPPERONI | 510 |
| Everyone's Favorite! Pepperoni, Cheese, Tomato Sauce and Dried Oregano | |
| 4 CHEESE & GARLIC | 490 |
| Mozzarella, Cheddar, Gouda, Gorgonzola and Garlic Confit | |
| BUGLAS SIGNATURE | 590 |
| House Cheese Blend, Longganiza De Cebu, Dumaguete Chorizo, Bacon Bits, Pineapple, Green Onion and Stuffed Crust | |

BIBINGKA

A Buglas Isla signature!

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|---|------------|
| NATIVE | 210 |
| Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Freshly Grated Coconut, Brown Sugar and Butter | |
| SPECIAL | 250 |
| Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Butter, Leche Flan, Macapuno, Ube Halaya, Freshly Grated Coconut and Brown Sugar | |

SWEETS

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|---|------------|
| UBE CINNAMON ROLL | 250 |
| CHOCOLATE YEMA CAKE | 250 |
| TAHO CHEESECAKE | 250 |
| COFFEE CRUMB CAKE | 280 |
| DUMAGUETE SANSRIVAL CAKE | 290 |
| JUMBO TRIPLE NUT SILVANAS | 320 |
| PUTO MAYA AT SIKWATE | 190 |
| SHAKOY WITH COFFEE GANACHE | 190 |
| MAIS CON HIELO ESPESYAL | 230 |



BUGLAS ISLA

CAFE

DRINKS

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| REGULAR SODA | 130 |
| COKE, COKE LIGHT, COKE ZERO, ROYAL, SPRITE | |
| SAN MIGUEL | 160 |
| PALE PILSEN, SAN MIGUEL LIGHT | |
| ARNOLD PALMER ICED TEA (SIGNATURE DRINK) | 190 |
| HOMEMADE GINGER SODA | 190 |
| HOMEMADE POMELO SODA | 190 |
| HOMEMADE PEACH AND MANGO SODA | 190 |
| HOMEMADE CALAMANSI JUICE | 180 |
| MILO CHOCOLATE FRAPPE | 190 |
| ICED TEA SLUSH | 160 |
| MANGO SHAKE | 230 |
| ACAI BERRY SHAKE | 280 |

COFFEE

| | <u>HOT</u> | <u>ICED</u> |
|-----------------------|------------|-------------|
| ESPRESSO | 110 | |
| DOUBLE ESPRESSO | 140 | |
| AMERICANO | 140 | 150 |
| CAPPUCINO | 170 | 180 |
| CAFE LATTE | 170 | 180 |
| CAFE MOCHA | 170 | 180 |

HOT BREWS

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|---------------------------|-----|
| DUMAGUETE SIKWATE | 170 |
| SIKWATE S'MORES | 180 |
| EARL GREY..... | 140 |
| ENGLISH BREAKFAST | 140 |
| GREEN TEA | 140 |
| GINGER-TURMERIC TEA | 140 |

COLD BREW

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|------------------------------------|-----|
| ICE COLD BREW COFFEE | 160 |
| MINT MOJITO COLD BREW COFFEE | 180 |
| ROASTED COCONUT COFFEE | 190 |

HOUSEWINE

| | <u>GLASS</u> | <u>BOTTLE</u> |
|-------------|--------------|---------------|
| RED | 370 | 1,420 |
| WHITE | 370 | 1,420 |

HOUSE PREMIUM

| | <u>GLASS</u> | <u>BOTTLE</u> |
|--|--------------|---------------|
| MERLOT - ORTONESE SANGIOVESE | 420 | 1,550 |
| SAUVIGNON BLANC - VALDIVIESO 2018 | 420 | 1,550 |

BLUSH

| | <u>BOTTLE</u> |
|---|---------------|
| VIGNETI DE VULTURE - ROSATO 2020, ITALY | 1,550 |
| LITTLE MISS ROSE 2020, COTEAUX D' AIX EN, PROVENCE, FRANCE | 2,190 |
| SANGRIA LOLEA ROSE NO. 5, SPAIN | 2,190 |

All items are inclusive of 12% VAT

Welcome to Buglas Isla Cafe!

We are committed to providing an inclusive and welcoming environment for all our guests, including Senior Citizens (SC), Persons with Disabilities (PWD), National Athletes (NA), and National Coaches (NC). To ensure that we can continue to offer our services to those who genuinely need them, we have implemented a policy to verify the authenticity of IDs presented at our establishment.

Why is this important?

1. Protection of True Discount Beneficiaries - Our primary goal is to safeguard the rights and privileges of the SC, PWD, NA, and NC. By verifying the presented IDs, we ensure that the benefits and accommodations we offer are extended to those who truly qualify, allowing us to maintain the integrity of our services.

2. Maintaining Fairness - The misuse of the SC, PWD, NA, or NC IDs not only undermines the privileges afforded to genuine beneficiaries but also impacts our ability to serve all guests. We believe in fairness for everyone, and it is vital that we uphold this principle in our operations.

3. Business Impact - Using fake or spurious IDs can have significant repercussions for our business. It can lead to potential legal issues, damage our reputation, and ultimately affect our ability to provide quality service. We want to ensure that every guest has a positive experience, and that requires a system based on trust and authenticity. Thus, our establishment reserves the right to report to authorities and help prosecute to the full extent of the law if any ID presented is found to be illegal or fake.

How do we verify? - When you present your SC, PWD, NA, or NC ID, our team will conduct a quick verification process to confirm its authenticity. Please understand that this is not meant to inconvenience you. Rather, it is a necessary step to protect the interests of all our guests and maintain the high standards of service we pride ourselves on. We appreciate your understanding and cooperation in this matter.