



# BUGLAS ISLA

## CAFE

Buglas Isla is a neighborhood cafe from Dumaguete City, Negros Oriental that proudly serves breakfast, brunch, and Negrense favorites. We use sustainable practices to the best of our abilities.

Welcome to Buglas Isla Cafe!

### **Buglas Isla Pasig**

Unit A4, Ground Floor,  
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### **Buglas Isla Cala Laiya**

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### **Buglas Isla Alabang**

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### **Buglas Isla Bais**

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## BREAKFAST MENU

Welcome to Buglas Isla Cafe! We are proud to be palm oil-free. We provide biodegradable takeaway boxes and straws.  
We support sustainable practices to the best of our abilities.  
All produce is washed in filtered water.

Available from 8 am to 11 am

### FROM THE BAKERY

**BANANA BREAD CAKE** ..... 260

Everyone's favorite! Perfect pairing with our coffee

**UBE PANDESAL** ..... 260

Freshly Baked Ube Pandesal, Maple Butter and Coco Jam

### 3 EGG OMELETTES

**VEGGIE** ..... 350

Aromatic Seasonal Vegetables, Cheddar Cheese  
and Hash Brown Potatoes

**ALL MEAT** ..... 390

Ham, Bacon, Onions, Tomato, Cheddar Cheese  
and Hash Brown Potatoes

**WESTERN** ..... 380

Ham, Bell Peppers, Onions, Cheddar Cheese  
and Hash Brown Potatoes

**TINAPA** ..... 380

Smoked White Fish, Roasted Tomato Salsa, Atchara,  
Native Vinegar and Garlic Rice

### HOUSEMADE PANCAKES

SHORT STACK (2)/FULL STACK (3)

**CLASSIC** ..... 210/240

**UBE** ..... 240/270

**CHEESE** ..... 230/260

**BANANA WALNUT** ..... 250/280

**BANANA CHOCOLATE** ..... 250/280

**CHOCOLATE CHIPS** ..... 250/280

**PEANUT BUTTER CHOCOLATE** ..... 250/290

**BACON** ..... 340/390

**JAPANESE SOUFFLE** ..... 350/390

### OLD FASHION BELGIAN WAFFLES

**CLASSIC** ..... 250

**UBE** ..... 270

**CHEESE** ..... 270

**BANANA WALNUT** ..... 280

**BANANA CHOCOLATE** ..... 280

**CHOCOLATE CHIPS** ..... 280

**PEANUT BUTTER CHOCOLATE** ..... 290

**BACON** ..... 390

### PLATTERS

**DUMAGUETE** ..... 420

Housemade Dumaguete Pork Chorizo, Fried Farm Eggs,  
Garlic Rice, Atchara and Tomato Cucumber Relish

**AMERICAN** ..... 560

Waffles or Pancakes, Bacon, Fried Farm Eggs, Potatoes  
and Seasonal Fruits

### BREAKFAST SPECIALTIES

**SWEET LONGANIZA** ..... 420

Garlic Rice, Fried Farm Eggs, Special Atchara  
and Seasonal Fruits

**FRIED CHICKEN TOCINO** ..... 470

Sweet Tocino Glaze, Fried Farm Eggs, Special Atchara,  
Tomato Cucumber Relish and Spiced Vinegar

**EGGS BENEDICT** ..... 460

English Muffin, Filipino Country Ham, Soft Poached Eggs,  
Hash Brown Potatoes and Classic Hollandaise Sauce

**CHICKEN ADOBO** ..... 470

Steamed Jasmine Rice, Chicharron Bits, Spring Onions,  
Atchara and Spiced Vinegar

**CHICKEN & WAFFLE** ..... 490

Crispy Fried Chicken, Belgian Waffle, Fried Farm Eggs,  
Sriracha Honey Butter and Hash Brown Potatoes

**BURGER STEAK** ..... 490

US Angus Ground Beef Patty, Bistek Mushroom Gravy,  
Fried Farm Eggs and Steamed Rice

**CORNEBEEF HASH** ..... 490

Bell Peppers, Red Onions, Poached Farm Eggs,  
Hash Brown Potatoes and Tomato Hollandaise

**DAING NA BANGUS** ..... 490

Crispy Milkfish, Fried Farm Eggs, Garlic Rice, Special  
Atchara, Tomato Cucumber Relish and Spiced Vinegar

**ANGUS BEEF TAPA** ..... 520

House Marinated Angus Beef, Fried Farm Eggs, Garlic Rice  
Special Atchara, Tomato Cucumber Relish  
and Spiced Vinegar

## ALL DAY BREAKFAST

<b>UBE PANDESAL</b> .....	260
Freshly Baked Ube Pandesal, Served with Maple Butter and Coco Jam	
<b>FLUFFY JAPANESE SOUFFLE PANCAKES</b> .....	390
Maple Syrup, Powdered Sugar and Maple Butter	
<b>DUMAGUETE DANGGIT</b> .....	420
Crispy Danggit, Garlic Rice, Fried Egg, Spring Onions, Special Atchara and Spiced Native Vinegar	
<b>DUMAGUETE PORK CHORIZO</b> .....	460
Home-made Dumaguete Chorizo, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
<b>DAING NA BANGUS</b> .....	490
Crispy Milkfish, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Native Vinegar	
<b>ANGUS BEEF TAPA</b> .....	470
House Marinated Angus Beef, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Native Vinegar	
<b>FRIED CHICKEN TOCINO</b> .....	420
Sweet Tocino Glaze, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Native Vinegar	
<b>EGGS BENEDICT</b> .....	460
English Muffin, Filipino Country Ham, Soft Poached Eggs, Hash Brown Potatoes and Classic Hollandaise Sauce	
<b>CHICKEN &amp; WAFFLE</b> .....	490
Crispy Fried Chicken, Belgian Waffle, Fried Egg, Sriracha Honey Butter and Hash Brown Potatoes	
<b>BURGER STEAK</b> .....	490
US Angus Ground Beef Patty, Bistek – Mushroom Gravy, Fried Farm Egg and Steamed Rice	

## FRIED RICE AND PANCIT

<b>SIOMAI FRIED RICE</b> .....	440
Yang Chow Fried Rice, Special Fried Pork Siomai and Homemade Chili Garlic Sauce	
<b>ADOBO FRIED RICE</b> .....	440
Chicken Adobo Leg, Shredded Adobo Flakes Fried Rice, Spring Onion and Fried Garlic Chips	
<b>YANG CHOW FRIED RICE</b> .....	440
Chinese Sausage, Scrambled Egg, Peeled Shrimp, Carrots, Green Onion and Green Beans	
<b>PORK SISIG FRIED RICE</b> .....	440
Pork Sisig, Fried Rice, Garlic, Spring Onions and Sunny Side Up Eggs	
<b>SALTED FISH &amp; CHICKEN FRIED RICE</b> .....	440
Chicken, Salted Cured Fish, Chopped Lettuce, Spring Onions and Scrambled Eggs	
<b>PANCIT CANTON</b> .....	520
Shrimp, Lechon Kawali, Chicken, Organic Vegetables, Chicharon Bits and Pandesal	
<b>PANCIT PALABOK</b> .....	520
Minced Pork and Annatto Sauce, Smoked Fish, Shrimp, Chicharon Bits, Boiled Egg and Pandesal	

## STARTERS AND SOUPS

<b>LUMPIANG SHANGHAI</b> .....	350
Ground Pork, Green Onion, Carrots, Onion, Celery and Sweet Chili Sauce	
<b>TORTANG TALONG</b> .....	420
Grilled Eggplant Frittata with Ground Pork, Served with Banana Ketchup and Sinamak Vinegar	
<b>MONGGO SOUP</b> .....	420
Sautéed Mung Beans with Crispy Pork Bits and Smoked Fish	
<b>LUMPIANG SARIWA</b> .....	370
Carrots, Jicama, Green Beans, Bean Sprouts, Garbanzo, Moringa Crepe, Fresh Garlic, Sweet Soy Glaze and Toasted Peanut	
<b>ENSALADANG FILIPINO</b> .....	440
Salted Red Eggs, Green Mango, Tomatoes, Red Onions, Cucumber and Shrimp Paste	
<b>CHICKEN BINAKOL</b> .....	510
Green Papaya, Young Coconut, Chili Leaves, Ginger and Lemongrass Broth	
<b>BEEF KANSI</b> .....	890
Beef Shank, Young Jackfruit, Batwan Broth, Annatto, Ginger and Lemongrass	

## VEGETABLES

<b>GUISING - GUISING</b> .....	390
Winged Beans, Chili Pepper and Coconut Cream	
<b>VEGETABLE KARE - KARE</b> .....	420
Eggplant, String Beans, Banana Blossom, Bokchoi, Bagoong and Peanut Butter Sauce	
<b>GINATAANG KALABASA AT SITAW</b> .....	380
Squash, String Beans, Annatto Oil and Coconut Cream	
<b>CHOPSUEY GUISADO</b> .....	420
Cauliflower, Broccoli, Carrots, Baguio Beans, Chayote, Baby Corn, Button Mushroom, Cabbage, Bellpepper in Oyster Sauce	
<b>LAING</b> .....	390
Taro leaves, Coconut Milk, Chilis and Ginger	
<b>PINAKBET</b> .....	420
Squash, String Beans, Okra, Eggplant, Bittermelon and Shrimp Paste	

## SANDWICHES

*Served with fries*

<b>TUNA SALAD</b> .....	510
Skipjack Tuna Salad, Red Onions, Mayo, Romaine Lettuce, Tomatoes, and Cheddar Cheese (Yes, you can also have this warm as a tuna melt)	
<b>GRILLED CHEESE SANDWICH</b> .....	560
Gouda, Havarti, Cheddar Cheeses and Rich Tomato Soup	
<b>ISLAND SMASHED BURGER</b> .....	590
Angus Ground Beef Patty, Bacon, Caramelized Onion, Lettuce Havarti Cheese, Tomato, Special Sauce, Hawaiian Buns and Fries	
<b>CLUB SANDWICH</b> .....	650
Grilled Chicken, Shredded Lettuce, Crispy Bacon, Scrambled Egg, Havarti Cheese and Tomato	



# BUGLAS ISLA

CAFE

## TOCINO

In Dumaguete, we call our pork barbecue "Tocino."

All of our tocino items are marinated in house and slowly grilled over Binchotan charcoal-A Japanese oak charcoal that has been pressed over 2000 degrees of heat.

Binchotan charcoal is widely considered by chefs as the best charcoal in the world for being exceptionally long – burning, odorless and smokeless.

All served with hanging rice 'puso' and our secret sauces.

CHICKEN TAIL	PORK BELLY BBQ
CHICKEN LIVER	PORK MEAT BBQ
CHICKEN SKIN	PORK LONGANIZA
CHICKEN INTESTINES	LONGANIZA DE CEBU

### COMBOS

I CAN EAT (CHOOSE ANY 4)	290
HUNGRY (CHOOSE ANY 5)	310
STARVING (1 OF EACH)	470
HANGRY (2 OF EACH)	740

## FAVORITES

All served with steamed jasmine rice

PORK SISIG	480
Pork Mask and Jowl, Chicken Liver, Green Chili, Onion, Calamansi	
CHICKEN INASAL	490
Lemongrass and Annatto Marinated Chicken Leg, Special Atchara and Soy Sauce	
BUTTERFLY TILAPIA	510
Crispy Tilapia, Roasted Vegetables, Atchara and Green Mango Salad	
BINAGOONGAN	530
Braised Pork, Shrimp Paste, Green Mango, Tomato, Eggplant and Crispy Pork Belly	
LECHON KAWALI	540
Crispy Pork Belly, Soy, Calamansi, Liver Sauce and Special Atchara	
PORK LIEMPO	520
House Marinated, Filipino Tomato Salsa and Spiced Native Vinegar	
HUMBA SA GABI	560
Braised Pork Belly, Taro Root, Black Beans, Banana Blossom, Fried Banana and Humba Sauce	
BISTEK TAGALOG	720
Marinated Thinly Sliced Beef, Garlic, Lots of Onions and Soy Calamansi Infusion	
KARE KARE	890
Beef Shank Braised in Peanut Sauce, Native Vegetables and Shrimp Paste	
CRISPY PATA	990
Twice Fried Crispy Trotter, Soy - Calamansi and Liver Sauce	

The city of gentle people

#GetaTasteofDumaguete

All items are inclusive of 12% VAT

## SPECIALS

Please allow 30 minutes notice. Good for 2

CRISPY WHOLE FISH	240 PER 100 GRAMS
Fried Catch of the Day, Carrots, Onion, Bell Pepper and Sweet Fire Sauce	
DUMAGUETE LECHON	260 PER 100 GRAMS (MIN. OF 300 GRAMS)
Served with Puso Rice, Atchara, Red Eggs and Traditional Sauces	

## BOARDS

Please allow 30 minutes notice. Good for 4

VISAYAN PAMAHAW	2,100
Dumaguete Chorizo, Longaniza De Cebu, Danggit, Eggplant Torta, Fried Egg, Garlic Rice, Blue Pea Rice, Fried Banana, Tomato - Cucumber Ensalada and Fresh Fruit Skewers	
PRITCHON	2,500
Fried Lechon Belly Roll, Chicken Inasal, Longaniza de Cebu, Fried Danggit, Squid Inasal, Fish Tinola, Ensaladang Filipino, Annatto Fried Rice, Tomato, Salted Egg and Green Mango	

## PIZZA

All of our pizzas are hand stretched daily and served with our signature angry honey

MARGHERITA	460
Tomato, Cheese, Fresh Basil, Mozzarella and Parmesan	
PEPPERONI	510
Everyone's Favorite! Pepperoni, Cheese, Tomato Sauce and Dried Oregano	
4 CHEESE & GARLIC	490
Mozzarella, Cheddar, Gouda, Gorgonzola and Garlic Confit	
BUGLAS SIGNATURE	590
House Cheese Blend, Longganiza De Cebu, Dumaguete Chorizo, Bacon Bits, Pineapple, Green Onion and Stuffed Crust	

## BIBINGKA

A Buglas Isla signature!

NATIVE	220
Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Freshly Grated Coconut, Brown Sugar and Butter	
SPECIAL	260
Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Butter, Leche Flan, Macapuno, Ube Halaya, Freshly Grated Coconut and Brown Sugar	

## SWEETS

HALO - HALO & TURON	360
UBE CINNAMON ROLL	260
CHOCOLATE YEMA CAKE	260
TAHO CHEESECAKE	260
DUMAGUETE SANSRIVAL CAKE	290
JUMBO TRIPLE NUT SILVANAS	330
CHURROS CON TSOKOLATE	190

## DRINKS

REGULAR SODA .....	130
COKE, COKE LIGHT, COKE ZERO, ROYAL, SPRITE	
SAN MIGUEL .....	160
PALE PILSEN, SAN MIGUEL LIGHT	
ARNOLD PALMER ICED TEA (SIGNATURE DRINK) .....	190
HOMEMADE GINGER SODA .....	190
HOMEMADE POMELO SODA .....	190
HOMEMADE PEACH AND MANGO SODA .....	190
HOMEMADE CALAMANSI JUICE .....	190
MILO CHOCOLATE FRAPPE .....	230
ICED TEA SLUSH .....	170

## FRUIT SHAKES

MANGO SHAKE .....	240
WATERMELON SHAKE.....	240
PINEAPPLE SHAKE .....	240
BANANA SHAKE .....	240
BUKO SHAKE.....	240
GREEN MANGO SHAKE.....	240
FOUR SEASON SHAKE.....	260
ACAI BERRY SHAKE.....	290

## COFFEE

	<u>HOT</u>	<u>ICED</u>
ESPRESSO .....	120	
DOUBLE ESPRESSO .....	140	
AMERICANO .....	150	160
CAPPUCINO .....	180	190
CAFE LATTE .....	180	190
CAFE MOCHA .....	180	190
PEANUT BUTTER LATTE .....	180	190

## HOT BREWS

DUMAGUETE SIKWATE .....	170
SIKWATE S'MORES .....	180
EARL GREY.....	140
ENGLISH BREAKFAST .....	140
GREEN TEA .....	140
GINGER-TURMERIC TEA .....	140

## COLD BREW

ICE COLD BREW COFFEE .....	170
MINT MOJITO COLD BREW COFFEE .....	180
ROASTED COCONUT COFFEE .....	190

*All items are inclusive of 12% VAT*

### Welcome to Buglas Isla Cafe!

We are committed to providing an inclusive and welcoming environment for all our guests, including Senior Citizens (SC), Persons with Disabilities (PWD), National Athletes (NA), and National Coaches (NC). To ensure that we can continue to offer our services to those who genuinely need them, we have implemented a policy to verify the authenticity of IDs presented at our establishment.

### Why is this important?

**1. Protection of True Discount Beneficiaries** - Our primary goal is to safeguard the rights and privileges of the SC, PWD, NA, and NC. By verifying the presented IDs, we ensure that the benefits and accommodations we offer are extended to those who truly qualify, allowing us to maintain the integrity of our services.

**2. Maintaining Fairness** - The misuse of the SC, PWD, NA, or NC IDs not only undermines the privileges afforded to genuine beneficiaries but also impacts our ability to serve all guests. We believe in fairness for everyone, and it is vital that we uphold this principle in our operations.

**3. Business Impact** - Using fake or spurious IDs can have significant repercussions for our business. It can lead to potential legal issues, damage our reputation, and ultimately affect our ability to provide quality service. We want to ensure that every guest has a positive experience, and that requires a system based on trust and authenticity. Thus, our establishment reserves the right to report to authorities and help prosecute to the full extent of the law if any ID presented is found to be illegal or fake.

**How do we verify?** - When you present your SC, PWD, NA, or NC ID, our team will conduct a quick verification process to confirm its authenticity. Please understand that this is not meant to inconvenience you. Rather, it is a necessary step to protect the interests of all our guests and maintain the high standards of service we pride ourselves on. We appreciate your understanding and cooperation in this matter.