



# BUGLAS ISLA

## CAFE

Buglas Isla is a neighborhood cafe from Dumaguete City, Negros Oriental that proudly serves breakfast, brunch, and Negrense favorites. We use sustainable practices to the best of our abilities.

Welcome to Buglas Isla Cafe!

### **Buglas Isla Pasig**

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# BUGLAS ISLA

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## ALL DAY BREAKFAST

<b>UBE PANDESAL</b> .....	260
Freshly Baked Ube Pandesal, Served with Maple Butter and Coco Jam	
<b>BUDBUD KABOG</b> .....	200
Visayan Millet Cake Roll (4 pcs), Butter, Brown Sugar, Coconut Flakes and Crumbled Queso De Bola	
<b>TROPICAL SMOOTHIE BOWL</b> .....	350
Mango, Pineapple, Papaya, Coconut Milk, Kiwi, Coconut, Flax Seeds and Goji Berries	
<b>FLUFFY JAPANESE SOUFFLE PANCAKES</b> .....	390
Maple Syrup, Powdered Sugar and Maple Butter	
<b>BELGIAN WAFFLE</b> .....	370
Maple Syrup, Whipped Cream, Powdered Sugar, Fresh Fruits and Maple Butter	
<b>DUMAGUETE PORK CHORIZO</b> .....	460
Home-made Dumaguete Chorizo, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
<b>DAING NA BANGUS</b> .....	490
Crispy Milkfish, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
<b>ANGUS BEEF TAPA</b> .....	510
House Marinated Angus Beef, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
<b>FRIED CHICKEN TOCINO</b> .....	460
Sweet Tocino Glaze, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
<b>EGGS BENEDICT</b> .....	460
English Muffin, Filipino Country Ham, Soft Poached Eggs, Hash Brown Potatoes and Classic Hollandaise Sauce	
<b>CHICKEN &amp; WAFFLE</b> .....	490
Crispy Fried Chicken, Belgian Waffle, Fried Egg, Sriracha Honey Butter and Hash Brown Potatoes	
<b>SEAFOOD PASTA</b> .....	590
Clams, Mussels, Shrimp, Squid, Crispy Capers, Black and Green Olives, Parsley and Tomato Sugo	
<b>SIOMAI FRIED RICE</b> .....	430
Yang Chow Fried Rice, Special Fried Pork Siomai and Homemade Chili Garlic Sauce	
<b>ADOBO FRIED RICE</b> .....	430
Chicken Adobo Leg, Shredded Adobo Flakes Fried Rice, Spring Onion and Fried Garlic Chips	
<b>BURGER STEAK</b> .....	490
US Angus Ground Beef Patty, Bistek – Mushroom Gravy, Fried Farm Egg and Steamed Rice	

## STARTERS AND SOUPS

<b>LUMPIANG SHANGHAI</b> .....	350
Ground Pork, Green Onion, Carrots, Onion, Celery and Sweet Chili Sauce	
<b>TORTANG TALONG</b> .....	420
Grilled Eggplant Frittata with Ground Pork, Served with Banana Ketchup and Sinamak Vinegar	
<b>MONGGO SOUP</b> .....	420
Sautéed Mung Beans with Crispy Pork Bits and Smoked Fish	
<b>ADOBONG PUSIT</b> .....	440
Baby Squid in Soy-Vinegar Sauce and Squid Ink	
<b>LUMPIANG SARIWA</b> .....	360
Carrots, Jicama, Green Beans, Bean Sprouts, Garbanzo, Moringa Crepe, Fresh Garlic, Sweet Soy Glaze and Toasted Peanut	
<b>ENSALADANG FILIPINO</b> .....	440
Salted Duck Eggs, Green Mango, Tomatoes, Red Onions, Cucumber and Shrimp Paste	
<b>CHICKEN BINAKOL</b> .....	490
Green Papaya, Young Coconut, Chili Leaves, Ginger and Lemongrass Broth	
<b>BEEF KANSI</b> .....	890
Beef Shank, Young Jackfruit, Batwan Broth, Annatto, Ginger and Lemongrass	

## SANDWICHES

*Served on an ube hoagie roll and fries*

<b>TUNA SALAD</b> .....	510
Skipjack Tuna Salad, Red Onions, Mayo, Romaine Lettuce, Tomatoes, and Cheddar Cheese (Yes, you can also have this warm as a tuna melt)	
<b>GRILLED CHEESE SANDWICH</b> .....	540
Gouda, Havarti, Cheddar Cheeses and Rich Tomato Soup	
<b>ISLAND SMASHED BURGER</b> .....	590
Angus Ground Beef Patty, Bacon, Caramelized Onion, Lettuce Havarti Cheese, Tomato, Special Sauce, Ube Hawaiian Buns and Fries	
<b>CLUB SANDWICH</b> .....	650
Grilled Chicken, Shredded Lettuce, Crispy Bacon, Scrambled Egg, Havarti Cheese and Tomato	
<b>ULTIMATE PASTRAMI</b> .....	690
Thinly-Sliced Pastrami, Swiss Cheese, Au Jus and Pickles	
<b>PHILLY CHEESESTEAK</b> .....	690
Thinly Sliced Beef Sautéed with Caramelized Onions, Worcestershire and Smothered with Melted Cheese	
<b>REUBEN</b> .....	690
Thinly Sliced Lean Corned Beef is Topped with Sauerkraut and 1000 Islands and Melted Swiss Cheese	

The city of gentle people

#GetaTasteofDumaguete

*All items are inclusive of 12% VAT*



# BUGLAS ISLA

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## TOCINO

In Dumaguete, we call our pork barbecue "Tocino."

All of our tocino items are marinated in house and slowly grilled over Binchotan charcoal-A Japanese oak charcoal that has been pressed over 2000 degrees of heat.

Binchotan charcoal is widely considered by chefs as the best charcoal in the world for being exceptionally long – burning, odorless and smokeless.

All served with hanging rice 'puso' and our secret sauces.

<b>CHICKEN TAIL</b>	<b>PORK BELLY BBQ</b>
<b>CHICKEN LIVER</b>	<b>PORK MEAT BBQ</b>
<b>CHICKEN SKIN</b>	<b>PORK LONGANIZA</b>
<b>CHICKEN INTESTINES</b>	<b>LONGANIZA DE CEBU</b>

### COMBOS

<b>I CAN EAT</b> (CHOOSE ANY 4) .....	<b>290</b>
<b>HUNGRY</b> (CHOOSE ANY 5) .....	<b>310</b>
<b>STARVING</b> (1 OF EACH) .....	<b>450</b>
<b>HANGRY</b> (2 OF EACH) .....	<b>720</b>

## FAVORITES

All served with steamed jasmine rice

<b>LAING</b> .....	<b>390</b>
Taro leaves, Coconut Milk, Chilis and Ginger	
<b>PINAKBET</b> .....	<b>410</b>
Crispy Pork, Squash, String Beans, Okra, Eggplant, Bittermelon and Shrimp Paste	
<b>PORK SISIG</b> .....	<b>460</b>
Pork Mask and Jowl, Chicken Liver, Green Chili, Onion and Calamansi	
<b>CHICKEN INASAL</b> .....	<b>490</b>
Lemongrass and Annatto Marinated Chicken Leg, Special Atchara and Soy Sauce	
<b>PANCIT CANTON</b> .....	<b>490</b>
Shrimp, Lechon Kawali, Chicken, Organic Vegetables, Chicharon Bits and Pandesal	
<b>PANSIT PALABOK</b> .....	<b>520</b>
Minced Pork and Annatto Sauce, Smoked Fish, Shrimp, Chicharron and Boiled Egg	
<b>BICOL EXPRESS</b> .....	<b>510</b>
Crispy Pork Belly, Coconut Milk, Bagoong, String Beans and Chili Fingers	
<b>BINAGOONGAN</b> .....	<b>520</b>
Braised Pork, Shrimp Paste, Green Mango, Tomato and Eggplant	
<b>LECHON KAWALI</b> .....	<b>540</b>
Crispy Pork Belly, Soy, Calamansi, Liver Sauce and Special Atchara	
<b>PORK LIEMPO</b> .....	<b>510</b>
House Marinated, Filipino Tomato Salsa and Coconut Vinegar	
<b>BEEF SALPICAO</b> .....	<b>690</b>
Soy - Worcestershire Beef Belly, Fried Garlic Chips and Scallions	
<b>HALABOS NA PASAYAN</b> .....	<b>620</b>
Garlic - Butter Shrimp (250g) and Fried Garlic	
<b>KARE KARE</b> .....	<b>890</b>
Beef Shank Braised in Peanut Sauce, Native Vegetables and Shrimp Paste	
<b>CRISPY PATA</b> .....	<b>990</b>
Twice Fried Crispy Trotter, Soy - Calamansi and Liver Sauce	

## SPECIALS

Please allow 30 minutes notice. Good for 2

<b>CRISPY WHOLE FISH</b> .....	<b>240 PER 100 GRAMS</b>
Fried Catch of the Day, Carrots, Onion, Bell Pepper and Sweet Fire Sauce	
<b>DUMAGUETE LECHON</b> .....	<b>230 PER 100 GRAMS</b>
Served with Puso Rice, Atchara, Red Eggs (MIN. OF 300 GRAMS) and Traditional Sauces	
<b>RIB EYE BISTEK TAGALOG</b> .....	<b>1,900</b>
USDA Prime Black Angus Rib Eye (400g), Steak Fried Rice, Lots of Onions and Soy Calamansi Infusion	

## BOARDS

Please allow 30 minutes notice. Good for 4

<b>VISAYAN PAMAHAW</b> .....	<b>2,100</b>
Dumaguete Chorizo, Longaniza De Cebu, Danggit, Eggplant Torta, Fried Egg, Garlic Rice, Blue Pea Rice, Fried Banana, Tomato – Cucumber Ensalada and Fresh Fruit Skewers	
<b>PRITCHON</b> .....	<b>2,450</b>
Fried Lechon Belly Roll, Chicken Inasal, Longaniza de Cebu, Fried Danggit, Squid Inasal, Fish Tinola, Ensaladang Filipino, Annatto Fried Rice, Tomato, Salted Egg and Green Mango	

## PIZZA

All of our pizzas are hand stretched daily and served with our signature angry honey

<b>MARGHERITA</b> .....	<b>460</b>
Tomato, Cheese, Fresh Basil, Mozzarella and Parmesan	
<b>PEPPERONI</b> .....	<b>510</b>
Everyone's Favorite! Pepperoni, Cheese, Tomato Sauce and Dried Oregano	
<b>4 CHEESE &amp; GARLIC</b> .....	<b>490</b>
Mozzarella, Cheddar, Gouda, Gorgonzola and Garlic Confit	
<b>BUGLAS SIGNATURE</b> .....	<b>590</b>
House Cheese Blend, Longganiza De Cebu, Dumaguete Chorizo, Bacon Bits, Pineapple, Green Onion and Stuffed Crust	

## BIBINGKA

A Buglas Isla signature!

<b>NATIVE</b> .....	<b>210</b>
Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Freshly Grated Coconut, Brown Sugar and Butter	
<b>SPECIAL</b> .....	<b>250</b>
Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Leche Flan, Macapuno, Ube Halaya, Freshly Grated Coconut and Brown Sugar	

## SWEETS

<b>UBE CINNAMON ROLL</b> .....	<b>250</b>
<b>CHOCOLATE YEMA CAKE</b> .....	<b>250</b>
<b>TAHO CHEESECAKE</b> .....	<b>250</b>
<b>COFFEE CRUMB CAKE</b> .....	<b>280</b>
<b>DUMAGUETE SANSRIVAL CAKE</b> .....	<b>290</b>
<b>JUMBO TRIPLE NUT SILVANAS</b> .....	<b>320</b>
<b>PUTO MAYA AT SIKWATE</b> .....	<b>190</b>
<b>SHAKOY WITH COFFEE GANACHE</b> .....	<b>190</b>
<b>MAIS CON HIELO ESPESYAL</b> .....	<b>230</b>



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## DRINKS

REGULAR SODA .....	130
COKE, COKE LIGHT, COKE ZERO, ROYAL, SPRITE	
SAN MIGUEL .....	160
PALE PILSEN, SAN MIGUEL LIGHT	
ARNOLD PALMER ICED TEA (SIGNATURE DRINK) .....	190
HOMEMADE GINGER SODA .....	190
HOMEMADE POMELO SODA .....	190
HOMEMADE PEACH AND MANGO SODA .....	190
HOMEMADE CALAMANSI JUICE .....	180
MILO CHOCOLATE FRAPPE .....	190
ICED TEA SLUSH .....	160
MANGO SHAKE .....	230
ACAI BERRY SHAKE .....	280

## COLD BREW

ICE COLD BREW COFFEE .....	160
MINT MOJITO COLD BREW COFFEE .....	180
ROASTED COCONUT COFFEE .....	190

## HOUSEWINE

	<u>GLASS</u>	<u>BOTTLE</u>
RED .....	370	1,420
WHITE .....	370	1,420

## COFFEE

	<u>HOT</u>	<u>ICED</u>
ESPRESSO .....	120	
DOUBLE ESPRESSO .....	140	
AMERICANO .....	140	150
CAPPUCINO .....	170	180
CAFE LATTE .....	170	180
CAFE MOCHA .....	170	180

## HOUSE PREMIUM

	<u>GLASS</u>	<u>BOTTLE</u>
SAUVIGNON BLANC - VALDIVIESO 2018 .....	420	1,550
MERLOT - ORTONESE SANGIOVESE .....	420	1,550

## HOT BREWS

DUMAGUETE SIKWATE .....	170
SIKWATE S'MORES .....	180
EARL GREY.....	140
ENGLISH BREAKFAST .....	140
GREEN TEA .....	140
GINGER-TURMERIC TEA .....	140

## BLUSH

	<u>BOTTLE</u>
VIGNETI DE VULTURE - ROSATO .....	1,550
DOMAINE DE LA ROUVIERE ROSE .....	2,190
SANGRIA LOLEA ROSE NO 5 .....	2,190

All items are inclusive of 12% VAT

### Welcome to Buglas Isla Cafe!

We are committed to providing an inclusive and welcoming environment for all our guests, including Senior Citizens (SC), Persons with Disabilities (PWD), National Athletes (NA), and National Coaches (NC). To ensure that we can continue to offer our services to those who genuinely need them, we have implemented a policy to verify the authenticity of IDs presented at our establishment.

#### Why is this important?

- 1. Protection of True Discount Beneficiaries** - Our primary goal is to safeguard the rights and privileges of the SC, PWD, NA, and NC. By verifying the presented IDs, we ensure that the benefits and accommodations we offer are extended to those who truly qualify, allowing us to maintain the integrity of our services.
- 2. Maintaining Fairness** - The misuse of the SC, PWD, NA, or NC IDs not only undermines the privileges afforded to genuine beneficiaries but also impacts our ability to serve all guests. We believe in fairness for everyone, and it is vital that we uphold this principle in our operations.
- 3. Business Impact** - Using fake or spurious IDs can have significant repercussions for our business. It can lead to potential legal issues, damage our reputation, and ultimately affect our ability to provide quality service. We want to ensure that every guest has a positive experience, and that requires a system based on trust and authenticity. Thus, our establishment reserves the right to report to authorities and help prosecute to the full extent of the law if any ID presented is found to be illegal or fake.

**How do we verify?** - When you present your SC, PWD, NA, or NC ID, our team will conduct a quick verification process to confirm its authenticity. Please understand that this is not meant to inconvenience you. Rather, it is a necessary step to protect the interests of all our guests and maintain the high standards of service we pride ourselves on. We appreciate your understanding and cooperation in this matter.