



BUGLAS ISLA

CAFE

Buglas Isla is a neighborhood cafe from Dumaguete City, Negros Oriental that proudly serves breakfast, brunch, and Negrense favorites. We use sustainable practices to the best of our abilities.

Welcome to Buglas Isla Cafe!

Buglas Isla Pasig

Unit A4, Ground Floor,
The View Deck Arcovia City,
Pasig City
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buglasarcovia@riesa.ph
Tel: (+63) 919 070 9900

Buglas Isla Dumaguete

Ground Floor EJ Blanco Drive, Piapi
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Tel: (+63) 917 500 3953

Buglas Isla Cala Laiya

Laiya Ibabao, San Juan
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Tel: (+63) 917 883 9900

Buglas Isla Alabang

Westgate, Alabang
@f@buglasarcovia
Coming Soon



BUGLAS ISLA

CAFE

ALL DAY BREAKFAST

UBE PANDESAL	130
Freshly Baked Ube Pandesal, Served with Maple Butter and Coco Jam	
BUDBUD KABOG	120
Visayan Millet Cake Roll (4 pcs), Butter, Brown Sugar, Coconut Flakes and Crumbled Queso De Bola	
TROPICAL SMOOTHIE BOWL	290
Mango, Pineapple, Papaya, Coconut Milk, Kiwi, Coconut, Flax Seeds and Goji Berries	
FLUFFY JAPANESE SOUFFLE PANCAKES	300
Maple Syrup, Powdered Sugar and Maple Butter	
BELGIAN WAFFLE	300
Maple Syrup, Whipped Cream, Powdered Sugar, Fresh Fruits and Maple Butter	
DUMAGUETE DANGGIT	300
Crispy Danggit, Garlic Rice, Fried Egg, Spring Onions, Special Atchara and Native Vinegar	
DAING NA BANGUS	410
Crispy Milkfish, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
ANGUS BEEF TAPA	360
House Marinated Angus Beef, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
FRIED CHICKEN TOCINO	300
Sweet Tocino Glaze, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar	
EGGS BENEDICT	330
English Muffin, Filipino Country Ham, Soft Poached Eggs, Hash Brown Potatoes and Classic Hollandaise Sauce	
CHICKEN & WAFFLE	340
Crispy Fried Chicken, Belgian Waffle, Fried Egg, Sriracha Honey Butter and Hash Brown Potatoes	
ADOBO FRIED RICE	390
Chicken Adobo Leg, Shredded Adobo Flakes Fried Rice, Spring Onion and Fried Garlic Chips	
BURGER STEAK	390
US Angus Ground Beef Patty, Bistek - Mushroom Gravy, Fried Farm Egg and Steamed Rice	
ISLAND SMASHED BURGER	430
Angus Ground Beef Patty, Bacon, Caramelized Onion, Cheddar Cheese, Lettuce, Tomato, Special Sauce and Fries	

STARTERS AND SOUPS

LUMPIANG SHANGHAI	290
Ground Pork, Green Onion, Carrots, Onion, Celery and Sweet Chili Sauce	
ADOBONG PUSIT	460
Baby Squid in Soy-Vinegar Sauce and Squid Ink	
LUMPIANG SARIWA	340
Carrots, Jicama, Green Beans, Bean Sprouts, Garbanzo, Moringa Crepe, Fresh Garlic, Sweet Soy Glaze and Toasted Peanut	
ENSALADANG FILIPINO	420
Salted Duck Eggs, Green Mango, Tomatoes, Red Onions, Cucumber and Shrimp Paste	
CHICKEN BINAKOL	420
Green Papaya, Young Coconut, Chili Leaves, Ginger and Lemongrass Broth	
BEEF KANSI	790
Beef Shank, Young Jackfruit, Batwan Broth, Annatto, Ginger and Lemongrass	

DUMAGUETE CHORIZO

ALL NATURAL INGREDIENTS. NO NITRATES. NO SUGAR

Your Choice of Chorizo, Fried Farm Eggs, Garlic Rice, Special Atchara, Tomato Cucumber Relish and Spiced Vinegar

GROUND PORK	360
SISIG	420
BACON	420
CORNED BEEF	490

TOCINO

In Dumaguete, we call our pork barbecue "Tocino."

All of our tocino items are marinated in house and slowly grilled over Binchotan charcoal-A Japanese oak charcoal that has been pressed over 2000 degrees of heat.

Binchotan charcoal is widely considered by chefs as the best charcoal in the world for being exceptionally long - burning, odorless and smokeless.

All served with hanging rice 'puso' and our secret sauces.

CHICKEN TAIL	PORK BELLY BBQ
CHICKEN LIVER	PORK MEAT BBQ
CHICKEN SKIN	PORK LONGANIZA
CHICKEN INTESTINES	LONGANIZA DE CEBU

COMBOS

I CAN EAT (CHOOSE ANY 4)	160
HUNGRY (CHOOSE ANY 5)	180
STARVING (1 OF EACH)	290
HANGRY (2 OF EACH)	510

The city of gentle people

#GetaTasteofDumaguete



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FAVORITES

All served with steamed jasmine rice

LAING	340
Taro leaves, Coconut Milk, Chilis and Ginger	
PINAKBET	340
Crispy Pork, Squash, String Beans, Okra, Eggplant, Bittermelon and Shrimp Paste	
CHICKEN INASAL	360
Lemongrass and Annatto Marinated Chicken Leg, Special Atchara and Soy Sauce	
PANCIT CANTON	390
Shrimp, Lechon Kawali, Chicken, Organic Vegetables, Chicharon Bits and Pandesal	
BICOL EXPRESS	410
Crispy Pork Belly, Coconut Milk, Bagoong, String Beans and Chili Fingers	
BINAGOONGAN	460
Crispy Pork Belly, Shrimp Paste, Green Mango, Tomato and Eggplant	
LECHON KAWALI	490
Crispy Pork Belly, Soy, Calamansi, Liver Sauce and Special Atchara	
PORK LIEMPO	480
House Marinated, Filipino Tomato Salsa and Coconut Vinegar	
HUMBA SA GABI	460
Braised Pork Belly, Taro Root, Black Beans, Banana Blossom, Fried Banana and Humba Sauce	
HALABOS NA PASAYAN	620
Garlic - Butter Shrimp (250g) and Fried Garlic	
KARE KARE	660
Beef Shank Braised in Peanut Sauce, Native Vegetables and Shrimp Paste	
CRISPY PATA	990
Twice Fried Crispy Trotter, Soy - Calamansi and Liver Sauce	

BOARDS

Please allow 30 minutes notice. Good for 4

VISAYAN PAMAHAW	1,850
Dumaguete Chorizo, Longaniza De Cebu, Danggit, Eggplant Torta, Fried Egg, Garlic Rice, Blue Pea Rice, Fried Banana, Tomato - Cucumber Ensalada and Fresh Fruit Skewers	
FILIPINO FAVORITES	1,850
Beef Tapa, Daing na Bangus, Filipino Style Scrambled Egg, Macaroni Soup, Pancit Chopsuey, Pandesal, Garlic Rice, Tomato - Cucumber Ensalada and Fresh Fruit Skewers	
PRITCHON	2,250
Fried Lechon Belly Roll, Chicken Inasal, Longaniza de Cebu, Fried Danggit, Squid Inasal, Fish Tinola, Ensaladang Filipino, Annatto Fried Rice, Tomato, Salted Egg and Green Mango	

SPECIALS

Please allow 30 minutes notice. Good for 2

CRISPY WHOLE FISH	230 PER 100 GRAMS
Fried Catch of the Day, Carrots, Onion, Bell Pepper and Sweet Fire Sauce	
DUMAGUETE LECHON	210 PER 100 GRAMS (MIN. OF 300 GRAMS)
Served with Puso Rice, Atchara, Red Eggs and Traditional Sauces	
STEAK FRITES	1,800
USDA Prime Black Angus Beef Tenderloin (300g), Crispy French Fries, Melted Onions, Bearnaise Sauce and Sea Salt	
RIB EYE BISTEK TAGALOG	1,800
USDA Prime Black Angus Rib Eye (400g), Steak Fried Rice, Lots of Onions and Soy Calamansi Infusion	

PIZZA

All of our pizzas are hand stretched daily and served with our signature angry honey

MARGHERITA	380
Tomato, Cheese, Fresh Basil, Mozzarella and Parmesan	
PEPPERONI	440
Everyone's Favorite! Pepperoni, Cheese, Tomato Sauce and Dried Oregano	
4 CHEESE & GARLIC	410
Mozzarella, Cheddar, Gouda, Gorgonzola and Garlic Confit	
BUGLAS SIGNATURE	450
House Cheese Blend, Longganiza De Cebu, Dumaguete Chorizo, Bacon Bits, Pineapple, Green Onion and Stuffed Crust	

BIBINGKA

A Buglas Isla signature!

NATIVE	180
Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Freshly Grated Coconut, Brown Sugar and Butter	
SPECIAL	230
Ground Rice Flour, Coconut Milk, Salted Egg, Cheese, Leche Flan, Macapuno, Ube Halaya, Freshly Grated Coconut and Brown Sugar	

SWEETS

CHOCOLATE YEMA CAKE	220
TAHO CHEESECAKE	220
MANGO CHEESECAKE	250
DUMAGUETE SANSRIVAL CAKE	250
JUMBO TRIPLE NUT SILVANAS	250
PUTO MAYA AT SIKWATE	160
SHAKOY WITH COFFEE GANACHE	140
MAIS CON HIELO ESPESYAL	210
ICE CREAM (TWO SCOOPS)	190



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DRINKS

REGULAR SODA	110
COKE, COKE LIGHT, COKE ZERO, ROYAL, SPRITE	
SAN MIGUEL	150
PALE PILSEN, SAN MIGUEL LIGHT	
ARNOLD PALMER ICED TEA (SIGNATURE DRINK)	130
HOMEMADE GINGER SODA	140
HOMEMADE POMELO SODA	140
HOMEMADE PEACH AND MANGO SODA	140
HOMEMADE CALAMANSI JUICE	130
MILO CHOCOLATE FRAPPE	140
ICED TEA SLUSH	195
MANGO SHAKE	220
ACAI BERRY SHAKE	290

COFFEE

	<u>HOT</u>	<u>ICED</u>
ESPRESSO	80	
DOUBLE ESPRESSO	120	
AMERICANO	120	130
CAPPUCINO	120	130
CAFE LATTE	130	140
CAFE MOCHA	170	170

HOT BREWS

DUMAGUETE SIKWATE	120
SIKWATE S'MORES	120
SIKWATE RICE CRISPIES	120
EARL GREY.....	110
ENGLISH BREAKFAST	110
GREEN TEA	110
GINGER-TURMERIC TEA	110
MATCHA TEA	140

COLD BREW

ICE COLD BREW COFFEE	120
MINT MOJITO COLD BREW COFFEE	140
ROASTED COCONUT COFFEE	170

HOUSEWINE

	<u>GLASS</u>	<u>BOTTLE</u>
RED	340	1,350
WHITE	340	1,350
ROSE	340	1,350

HOUSE PREMIUM

	<u>GLASS</u>	<u>BOTTLE</u>
CABERNET SAUVIGNON - BERINGER MAIN & VINE	390	1,490
SAUVIGNON BLANC - VALDIVIESO 2018	390	1,490

WHITE

	<u>BOTTLE</u>
SAUVIGNON BLANC - RAMON BILBAO.....	1,490
PINOT GRIGIO - SAN OSVALDO	1,490
SAUVIGNON BLANC - MURPHY GOODE THE FUME 2021	2,290

RED

	<u>BOTTLE</u>
MERLOT - ORTONESE SANGIOVESE	1,490
CABERNET SAUVIGNON - CALDORA MONTEPULCIANO	1,790
SIRAH - BUENA VISTA DE LEGENDARY BADGE PETITE	2,290

BLUSH

	<u>BOTTLE</u>
VIGNETI DE VULTURE - ROSATO 2020, ITALY	1,490
LITTLE MISE ROSE 2020, COTEAUX D'AIX EN PROVENCE, FRANCE	1,890
SANGRIA LOLEA ROSE NO. 5, SPAIN	2,290